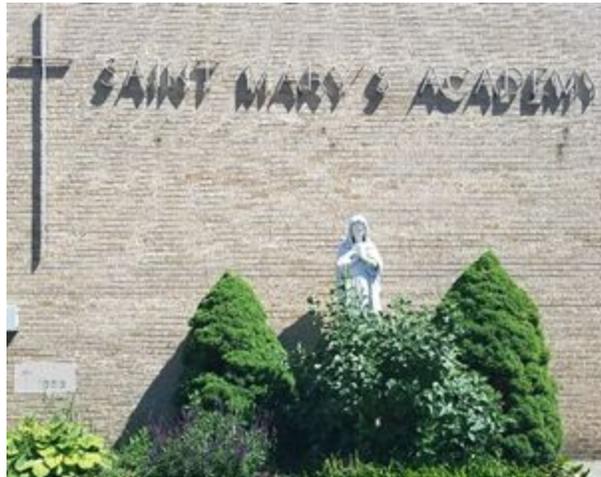


St. Mary's Academy, Parish School of Immaculate Conception Church

Student and Parent/Guardian Handbook

2018-2019



St. Mary's Academy
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Hoosick Falls, NY 12090
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www.smahf.org

Immaculate Conception Church
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History of SMA

The Sisters of St. Joseph of Carondelet founded St. Mary's in 1891. The school opened its doors on September 8th, 1891 under the supervision of Reverend P.J. O'Connell, O.S.A, Pastor of Immaculate Conception Church, to 600 children.

There to welcome the children were Mother Mary Rose and eight Sisters of St. Joseph. The first graduation was held June 28th, 1894. There were eight students in the senior class. The original St. Mary's Academy building educated children in grades Kindergarten through twelve until 1956 when the modern high school opened. Grades 9-12 were moved up the street to the present SMA.

St. Mary's Academy continues to be a mission of Immaculate Conception Church, one of the many ministries that witness to Christ's life-giving presence among us.

Albany Catholic Diocesan Schools Mission Statement

Inspired by Christ the Teacher, the schools of the Roman Catholic Diocese of Albany provide a transformative learning experience in an evangelizing community.

SMA's Mission and Vision Statement

"The Fruits of the Spirit are love, joy, peace, patience, goodness, kindness, faithfulness, gentleness, self-control. Against such there is no law." -Galatians 5:22-23

Centered around the Fruits of the Spirit, St. Mary's Academy is committed to providing a strong, individualized academic and spiritual education to each student. As an integral part of Immaculate Conception Parish, St. Mary's Academy is devoted to serving the community and guiding our students to become faithful, dedicated stewards of our global society.

Absence

When a student is absent from school, a parent/guardian should call or email the office by **8:30am** to report their child's absence and to request homework. Please also copy your child's teacher on the e-mail. If the office does not receive a call or email, a parent/guardian will be contacted. This policy is for the protection of St. Mary's Academy students.

Students should not be sent to school if he/she has:

- Fever/Vomiting/Diarrhea in the past 24 hours
- Chills

- Sore Throat
- Strep Throat (must be taking antibiotics for at least 24 hours before returning to school)
- Bad cold
- Head lice

A written statement giving reasons for the absence or tardiness must be brought to the student's teacher upon the student's return. These notes/letters will be retained in the office for one year. Should absence for any reason other than illness seem imperative (example: vacations while school is in session), parents are requested to consult with the principal and present a written reason for the absence.

The school calendar provides for extended weekends throughout the school year. Parents are encouraged to schedule trips or family outings during these times so as to eliminate the need to interrupt a child's learning process. Missed assignments are the student's responsibility.

Students who are absent due to illness have **two days** for each day of absence to make up missed assignments, quizzes, or tests. For example, a student who was absent three days would be given **six** school days to complete the missed work.

Homework assignments maybe picked up after 2:30pm but before 5:00pm. They will be left on the lobby desk. Students may also receive missed assignments from their teacher when they return to school.

Absence During the School Day

Students needing medical appointments during school hours require a written note by the parent/guardian. Parents/guardians are required to sign out their child at the main office. If the child returns to school during the same school day, he/she must be signed back into school at the office and present a note from the medical provider (example: doctor, dentist, etc.)

Accreditation

St. Mary's Academy is accredited through AdvancEd.

Admission Information

Nondiscriminatory Policy:

St. Mary's Academy admits students of any race, color, national or ethnic origin to all the rights, privileges, programs, and activities generally accorded or made available to students of the school. It does not discriminate on the basis of race, color, national or ethnic origin in the administration of its educational policies or athletic and other school-administered programs.

Children entering PreK-4 must be four years of age by December 1st. Children entering Kindergarten must be five years of age by December 1st.

Requirements include:

- Health records
- Immunization records
- Baptismal certificate (Catholic applicants only)

Withdrawal Policy:

Families must notify the school in writing if a student is withdrawing from the school. Registered students who withdrew between the first day of school and **Christmas break** are responsible for half of the full tuition amount. Extenuating circumstances for withdrawal after **Christmas break** will be reviewed by the pastor and principal.

Allergy Policy

Asthma Medication:

Immediate access to reliever inhalers is vital. Parents/guardians are asked to ensure that the school is provided with a labeled spare reliever inhaler. All inhalers must be sent to the school nurse in the container received from the pharmacy and must have on its label the following information:

- Child's name
- Name of the doctor prescribing the medication
- Frequency
- Dose
- Date

Record Keeping:

At the beginning of each school year, or when a child joins St. Mary's Academy, parents/guardians are asked to submit a child's medical record. **Parents/guardians must**

also make sure that all students who have medication kept in the nurse's office must have a written note as to how it is to be administered.

Food Allergy Policy:

St. Mary's Academy recognizes that life threatening food allergies are an important condition affecting many school children and positively welcomes all pupils with food allergies. In order to minimize the incidence of life threatening allergic reactions, St. Mary's Academy will maintain a system-wide procedure for addressing life threatening allergic reactions and maintain an emergency action plan for any student whose parent/guardian and physicians have informed the school in writing that the student has a potentially life threatening allergy. **Nothing made with peanuts or tree nuts of any kind should be inside classrooms. Peanut butter is only allowed in the cafeteria at lunchtime at designated areas.**

Birthday Observances

Students in **PreK-3 through 6th grade** may come to school dressed out of uniform on their birthday. Students with summer birthdays may come to school dressed out of uniform on a day in June designated by their teacher. In addition, birthday treats may be brought to school for students.

Bullying, Cyberbullying, School Safety, and Social Media

St. Mary's Academy attempts to provide a safe environment for all individuals. Verbal or written threats made against the physical or emotional well-being of any individual are taken seriously. Students make such threats (seriously, in jest, and/or online) face consequences including but not limited to: detention, suspension, and/or expulsion.

Cyberbullying is indicated when students harass or otherwise target another students using electronic means.

Harassment of any type is not tolerated. The principal investigates all complains of harassment. Students involved in harassing behavior face detention, suspension, and/or expulsion.

Engagement in online blogs such as, but not limited to Facebook, Twitter, Instagram, Myspace, Xanga, Friendster, etc. may result in disciplinary actions if the content of the student's blog includes defamatory comments regarding the school, faculty, other

students, the parish or the diocese. Parents/guardians are cautioned to be aware of the online sites visited by their children, knowing that often predators are not living in a neighborhood, but within the home via a computer.

Cell Phones and Electronic Devices

If a student needs a cell phone after school due to walking home from school, entering a house where no one is home, or attending sport practices or games, he/she should keep the cell phone, in the off position, in their bag. All electronic devices should remain in the off position in the student's school bag for the duration of the school day. No phones or electronic devices should be used while in the school building. The use of a cell phone and electronic devices during sports practices, after school activities, bus room or while in after care is at the discretion of the coach or monitor. If a student's phone or device is taken away, it will only be returned to the parent/guardian.

Cheating

St. Mary's Academy students and faculty take pride in the honesty and integrity of each member of the school community. Although society condones cheating as long as one doesn't get caught, we at SMA adhere to the principle that it is morally wrong. Cheating includes: providing answers to homework, copying homework, copying another person's electronic files, downloading from the internet (and claiming it as your own), plagiarism, taking/giving answers for tests, quizzes, etc. Cheating diminished all who engage in it and adversely affects the learning environment. To underscore the importance of honest scholarship, each faculty member at the beginning of the school year, will outline the school wide policy along with the consequences involved for those who attempt it. Eligibility to participate in extracurricular activities sponsored by the school will be adversely affected by cheating.

Child Abuse Laws

St. Mary's Academy abides by the child abuse laws of the state of New York. This law mandates that all cases of suspected abuse and/or neglect be reported to Child Protective Services.

Conduct

In accordance with the stated philosophy of the school, which emphasizes deep respect for the human dignity and uniqueness of every individual, each student will be considerate of the rights of others in all interactions. All students are expected to

cooperate with the spirit and policies of the school, which are designed to foster mature development and personal responsibility. This requires courtesy in all personal relationships, promptness in fulfilling obligations, concern for the environment, and many other factors which the students' sense of appropriateness will indicate to them.

Crisis Plan

In accordance with diocesan policy, St. Mary's Academy has an emergency resource guide which is followed in the event of an emergency. All teachers and staff are aware of the procedure to follow to keep your children safe. In the event of an emergency, circumstances permitting, the building will be evacuated and students will be moved to one of two secure locations:

1. Immaculate Conception Church Rectory-67 Main Street
2. Center for Nursing and Rehabilitation-21 Danforth Street

Parents will be notified through the Schoolreach system to be kept informed of the situation.

Discipline

Disciplinary actions will be determined by the principal **on a case by case basis**. In severe cases, the pastor will be consulted.

The administration of St. Mary's Academy reserves the right to discipline its students for off-campus behavior that is not in line with behavior expectations of its students during the school day. This off-campus behavior includes, but is not limited to, cyberbullying.

Dismissal

No regular dismissal will begin before 2:30pm due to afternoon prayers at 2:20pm and **end of the day routines in classrooms**. At 2:25pm, Berlin, Brittonkill, and Cambridge bus students **as well as students who are walking home** will be released to the doors at the end of the south wing. **Walkers must be at least in 4th grade to walk by themselves. Students as young as 2nd grade may walk with an older sibling. Written permission must be given by a parent/guardian before any student can walk home. SMA reserves the right of discretion sending students to walk in bad weather.** Dismissal begins at 2:30pm for grades PreK-6. At 2:35pm, Hoosick Falls bus students will be released to the doors at the end of the south wing. Students not signed out by 2:40pm will be sent to our after school care program at the cost of \$5.00 an hour

(\$8.00 an hour for 2 students from the same family). The after school care program runs until 6:00pm. Information forms are available at the main office.

Emergency Drills

New York State law requires 12 emergency drills, **which are a combination of fire and lockdown drills**, during the school year. Eight of these drills must be prior to **December 15th**. Teachers will review policies and procedures with students during the beginning of the school year.

Extracurricular Activities

Attendance:

A student must be in attendance for the entire school day in order to participate in any extracurricular activities.

Any student arriving late or leaving early must provide written verification (doctor or dentist's note) upon arrival to school in order to participate in any extracurricular activity for that day. **Students who arrive to school after 8:15am without a valid reason, will not be allowed to participate in extracurricular activities that day.**

Any student leaving early due to illness or injury is not eligible to participate in any extracurricular activities that day.

Academics:

All students participating in **any extracurricular activities** must be in good academic standing in order to participate. **Any student failing one or more subjects at progress report will have the rest of the marking period to bring their grades up. Failure to do so will be a suspension of extracurricular activities until grades are pulled up.**

Field Trips

Field trips are designed to correlate with teaching units and to achieve curriculum goals.

- A field trip is a privilege and not a right.
- There are no "traditional" field trips. Class participation in a particular field trip over consecutive years does not mean that this trip has become a school tradition.
- All grades do not always have the same numbers of field trips.
- Field trips are permissible for all grades when advanced planning, location, and the experience ensures a successful learning opportunity.
- Individual teachers, in consultation with the principal, reserve the right to restrict or deny student participation in any field trip due to, but not limited to, poor academic performance and/or poor conduct.

- A written permission slip, signed by a parent/guardian, is required before a child will be permitted to attend a field trip activity. Verbal permission **will not** be accepted. A fax does not take the place of an original signature.
- A telephone call will not be accepted in lieu of the proper field trip permission slip.
- Parents may refuse to permit their child(ren) from participating in a field trip by stating so on the permission slip.
- **Parents who are chaperoning field trips must be VIRTUS trained and submit a copy of their car registration and vehicle insurance (if transporting students by car). If students are taking a bus, they must ride the bus to and from the field trip with their class.**
- All money collected for field trips are non-refundable.
- Cell phones and other electronic devices are not allowed on field trips unless otherwise directed by the teacher and/or principal.

Gum

Students should not chew gum at school at any time, **unless approved by teacher and principal.**

Homework

Formal home study is assigned to help students become self-reliant and self-directed. Assignments are designed to reinforce daily lessons, to supplement and enrich class work, and to prepare for certain lessons through various experiences. Since each student has different capabilities and interests, it would be difficult to denote the specific amount of time to be spent on an assignment. **On average, a student should spend 10 minutes for each grade level they are in (example: a 2nd grader should spend around 20 minutes on homework, a 5th graders would spend around 50 minutes).** If a problem arises, the teacher should be contacted. **Students who do not complete their homework, will complete the work during recess the next day.**

Invitations

Invitations for slumber parties or birthday parties should be sent to the homes of students via the US mail unless an invitation is being given to every student **in the class.**

Teachers, principals, and or school secretary will not give out any addresses of families. Valentines distributed during a classroom party should include a valentine for each student in the class.

Lost and Found

Any items found in the school building or on school grounds should be given to the school secretary to be placed in the lost and found. Items placed in the lost and found remain there for 30 days. After 30 days, items are donated to charity. **Please make sure that your child(ren)'s name is on all clothing and accessories.**

Students who lost a classroom library book, textbook, or workbook must pay the replacement cost of the book plus shipping in order to receive a new copy.

Lunch Program

St. Mary's Academy offers a hot lunch program daily. Students may purchase a lunch daily at the cost of **\$2.75** a day.

Students may choose to bring their lunch each day. Students should not bring glass bottles, soft drinks, or excessive amounts of candy.

Students are expected to use the same manners required in the classroom during lunch. Courtesy toward other students and cooperation with lunch room staff are in order at all times. **Failure to do so may result in a loss of recess time.**

Medication

All non-prescription medication should be taken to the school nurse with the following information:

- Child's name
- Frequency
- Dose
- Date

Aspirin:

St. Mary's Academy is not allowed to administer aspirin to any student without a written note from a physician.

Office Records

Parents/guardians are requested to notify the school office in writing of any changes to address, telephone numbers, e-mail addresses, and/or phone numbers of emergency contacts. This will guarantee that office records are accurate, complete, and up to date.

Out of Uniform Guidelines

Students may wear on specified dress down days:

- Jeans
- Sweatshirts
- Leggings
- Dresses
- Shorts/Skirts/Skorts (no shorter than two inches above the knee)
- Nail polish
- Jewelry
- Hoop/large earrings
- Tennis shoes/sneakers/dress shoes/crocs

Students may not wear:

- Flip flop sandals
- No open back shoes
- Tank tops
- T-shirts with inappropriate writing
- Biker shorts/short shorts (more than two inches above the knee)
- Pajama pants
- Low cut blouses/tops
- Clothing that is extremely tight
- Hats

Good rule: If you think you shouldn't wear it, you shouldn't. All uniform regulations and guidelines are subject to the discretion of the principal. **Students in violation of the out of uniform guidelines will lose the ability to be out of uniform for the next dress down.**

Promotion and Retention Policy

Advancement to the next grade at St. Mary's Academy is based on a student's daily performance, test results, recommendation of teachers, and the student's ability to complete work successfully on a more advanced level. Promotion to the next grade depends on successful completion of all subject areas. **The teacher, in consultation with the principal,** may recommend the repetition of a grade, tutoring, or summer school classes as requirement for promotion, when after conferences with teachers and parents, it is believed that such action will better prepare the student academically or emotionally

for the next grade. Retention will be strongly recommended with a student has failed two or more core subjects (Math, Science, ELA, Social Studies).

Report Cards/Progress Reports

Report cards are important tools to communication. Report cards will be given four times a year during the academic school year **for students in grades K-6. Students in PreK 4 will be given report cards three times during the academic school year. PreK 3 students will receive a progress report three times during the academic school year.**

Progress reports will be given midway between each marking period **for students in grades K-6. These can be in narrative form or grade form.**

Sacramental Program

The sacramental life of the children of the Catholic tradition is an important component of the religion program at St. Mary's Academy. Preparations for two sacraments, Reconciliation and Eucharist, form the core of instruction in 2nd grade. In accordance with Diocesan guidelines, candidates for first Eucharist will receive the sacrament of Reconciliation prior to First Eucharist. Parents are required to be active partners in the preparation of their children for these sacraments. The sacraments of Reconciliation and Eucharist are only celebrated for students baptized in the Roman Catholic tradition.

School Hours

School instructional hours are from 7:30am-2:30pm. Students in grades K-6 not in their homeroom by 7:45am are considered tardy. **Students in grades PreK-3 and PreK-4 who are not in their classes by 8:00am will be considered tardy.** Three tardies is considered a one half day absence. Excessive tardies will have a direct impact on a student's academic evaluation and promotion to the next grade.

Morning care begins at 7:00am. No students should be in the building before 7:00am without the permission of the principal.

The school office is open on all school days from 7:00am-3:00pm.

School Property

The parent/guardian of a child who carelessly destroys or damages any furniture, equipment, buildings, or anyone's personal property will be obligated to pay the full amount of repairs, labor, or replacement. Textbooks provided by their school district must have a proper book cover. Writing in textbooks is prohibited. The student will pay a fine or replacement for damaged or lost textbooks before any final reports, transcripts, or diplomas are presented. **Parents/guardians from Berlin, Brittonkill, and Hoosic Valley are responsible for returning their child's textbooks in June. A calendar from Questar III will be provided to families before textbooks are due back.**

St. Mary's Academy reserves the right to search any item on school property.

Service Projects

St. Mary's Academy offers a stewardship program for students in **PreK-3 through 6th grade**. The purpose of this program is to provide students with the opportunity to make a difference in our church and surrounding communities through a various service and support program. **Each class** will participate in a pre-planned service project **decided by the teacher or students**.

Student Records

St. Mary's Academy adheres to the Buckley Amendment (Family Education Rights and Privacy) regarding access to student records. Records of students transferring to other schools will only be sent through the US mail. Parents/guardians requesting records/transcripts/recommendations must make a five day request to the school office. No records will be given to parents/guardians to transport to the new school.

Technology-Acceptable Use

Students are being prepared for the highly technological world and widespread use of technology both at home and at school. Technology assisted education is a way all of our students can receive academic reinforcement and also be challenged in a various subject areas. Students are to observe the following guidelines when using technology at school:

- Students will not attempt to alter the parameters of settings of computers and/or I-Pads.
- Students will not attempt to install programs onto computers or I-Pads.
- Students will use the internet for academic purposes only.
- Students will not copy term papers or attempt to plagiarize work or property off of the internet.

- Students violating these regulations will be denied use of technology while at school.

All students must sign the diocesan technology acceptable use policy form located in the back of this handbook to use school computers and I-pads. **Students receiving a Chromebook with an SMAHF e-mail address will have an additional technology use policy that they and their parents/guardians must read and sign before they will be issued their Chromebook.**

Telephone

The office phone is a business phone and students are permitted to use it only in the case of an emergency. Permission to use the telephone must be obtained from the school secretary. Forgotten homework, athletic equipment, etc. do not constitute emergencies. Arrangements for after school visits with friends should be made at home. If the need arises for after school events to be cancelled, an email will be sent to parents/guardians from the secretary.

Title IX

St. Mary's Academy adheres to the tenets of Title IX: "No person in the United States shall, on the basis of sex, be excluded from participating in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving federal financial assistance."

Transfer of Students

Notice of withdrawal of a student should be made by a **parent/guardian** in writing to the principal in advance of the withdrawal date. This enables the school to prepare necessary information and settle accounts. No student records will be forwarded to another school until accounts have been settled (**tuition, lunch, aftercare**).

Uniform Dress Code

Students shall be properly groomed and dressed while on school property and at school functions. Teachers will reinforce acceptable student dress attire and help students develop an understanding of appropriate appearance in the school setting. **The uniform dress code can be found at the end of the handbook.**

Uniform Guidelines

- Dress, grooming, and appearance, including hair style/color, jewelry, makeup and nails, shall be safe and appropriate and may not disrupt or interfere with the educational process.
- Extremely revealing garments such as tube tops, net tops, halter tops, spaghetti straps, plunging necklines (front or back), transparent, and see-through garments are not allowed.
- Underwear should be completely covered with outer clothing.
- Footwear shall be worn at all times. Footwear that is a safety hazard will not be allowed. Maximum 1" heel.
- Hats shall not be worn in school except for a medical or religious purpose.
- Items of apparel that are vulgar, obscene, libelous, or demean others on the basis of race, color, religion, ancestry, national origin, sex and sexual orientation or disability are prohibited.
- No item or apparel may promote and/or endorse the use of alcohol, tobacco, and illegal drugs or encourage other illegal or violent activities.
- No beads or scarves should be worn in the hair. **Hair bands are acceptable as long as they are not a distraction.**
- No visible tattoos of any kind. No hologram contact lenses.
- No body piercing except pierced ears. Girls may wear one pair of earrings. Boys may not wear earrings of any kind. Jewelry should be limited to one watch, one ring, and simple crosses or holy medals on a silver or gold chain.
- Pajama style pants may not be worn at any time.
- The uniform should be clean and pressed with all buttons attached and hem intact. Belts must be worn at all times when a shirt is tucked into pants or shorts with belt loops. Belts may be navy, brown, or black.

Students who repeatedly violate the uniform policy will be denied participation in the next dress down day.

Visitors

For safety and security reasons, school visitors (volunteers, parents, etc.) are required to sign in at the office when he/she enters the building for any reason. All visitors and/or volunteers are required to wear a designated badge that may be picked up at the office. Visitors and/or volunteers are to sign out at the time of departure. **The main doors will be locked from 8:00am-2:20pm. All visitors will need to be buzzed into the school.**

After 8:00am, parents/guardians may not go into classrooms unless they have an appointment with the teacher. This is to reduce distractions in the classroom.

Website/Social Media

St. Mary's Academy reserves the right to place pictures on our website at www.smahf.org or on our social media pages without parental permission unless the school is otherwise notified.

Weather Emergencies

If it should be necessary to close school because of weather conditions, families will be notified via the Schoolreach system. An announcement will also be made over local television and/or radio stations.

Right to Amend

St. Mary's Academy reserves the right to amend this handbook. Notice of amendments will be sent to parents **via email**.

2018-2019 SMA Uniform Dress Code

PreK 3, PreK 4, and Kindergarten uniform

- Purple SMA T-shirt or long sleeve gym shirt
- Navy blue **or black** sweatpants, pants or leggings
- Gray SMA sweatshirt
- Sneakers (no dress shoes)
- Navy blue or **black** shorts maybe worn from September to Columbus Day and from May 1st to the last day of school.
- Students may also wear a plaid jumper with white shirt, khaki skirt with white shirt, or white shirt with khaki pants.

1st-4th grade

<i>Girls</i>	<i>Boys</i>
--Uniform jumper with white buttoned up shirt and tie --Khaki pants w/belt, white buttoned up shirt, navy cardigan/pullover sweater/ sweater vest and tie --White/navy/black/brown knee socks or tights --Black/brown/navy dress shoes (maximum 2" heel) --Gray SMA sweatshirt	--Khaki pants w/ belt, white buttoned up shirt, navy sweater vest/pullover sweater and tie --White/navy/black/brown socks which must be above the ankle --Black/brown/navy dress shoes (maximum 2" heel) --Gray SMA sweatshirt

5th-6th grade

<i>Girls</i>	<i>Boys</i>
--Uniform kilt with white buttoned up shirt and tie --Khaki pants w/belt, white buttoned up shirt, navy cardigan/pullover sweater/ sweater vest and tie --White/navy/black/brown knee socks or tights --Black/brown/navy dress shoes (maximum 2" heel) --Gray SMA sweatshirt	--Khaki pants w/ belt, white buttoned up shirt, navy sweater vest/pullover sweater and tie --White/navy/black/brown socks which must be above the ankle --Black/brown/navy dress shoes (maximum 2" heel) --Gray SMA sweatshirt

- **Summer Uniform and gym uniform found on back**

Summer Uniform (September-Columbus Day and May 1st-June 20th)

1st-6th grade

<i>Girls</i>	<i>Boys</i>
<p>--Khaki walking shorts or skort w/belt, white buttoned up shirt and tie</p> <p>--Uniform jumper with white buttoned up shirt and tie (1st through 4th grade)</p> <p>--Uniform kilt with white buttoned up shirt and tie (5th and 6th grade)</p> <p>--White/navy/black/brown ankle socks</p> <p>--Black/brown/navy dress shoes (maximum 2" heel)</p> <p>--Gray SMA sweatshirt, navy sweater vest/cardigan/pullover sweater should be worn if weather is cooler</p>	<p>--Khaki walking shorts w/belt, white buttoned up shirt and tie</p> <p>--White/navy/black/brown ankle socks</p> <p>--Black/brown/navy dress shoes (maximum 2" heel)</p> <p>--Gray SMA sweatshirt, navy sweater vest/cardigan/pullover sweater should be worn if weather is cooler</p>

Gym Uniform

1st-6th grade

<i>Girls and Boys</i>	<i>Summer Gym Uniform</i>
<p>--Purple SMA T-shirt or long sleeve gym shirt</p> <p>--Navy blue sweatpants</p> <p>--Gray, purple, or gold athletic sweatshirt</p> <p>--Sneakers</p>	<p>--Purple SMA T-shirt or long sleeve gym shirt</p> <p>--Navy blue shorts</p> <p>--Sneakers</p> <p>--Gray, purple, or gold athletic sweatshirt should be worn if weather is cooler</p>